

HarpArts Adult Study Retreat
Smithgall Woods
Helen Georgia

WHAT TO BRING
(Suggested Items)

- If you are renting a harp, you will be provided with the instrument, a bench, and a music stand.
- If you are accustomed to practicing with a stand light, you will want to bring your own light, and an extension chord, along.
- Bring your own tuning supplies, including electronic tuner and tuning key.
- Bring all of the music you think you may use during the week, including your ensemble parts, music for lessons, and any music you may want to sell, trade, or just show.
- Remember to pack your harp shoes, if you use separate shoes for practicing and performing.

If you are bringing your own harp bring everything mentioned in the paragraph above as well as your roller cart, replacement strings and any repair tools you would normally take with you when you perform in public.

The atmosphere at Smithgall is relaxed and casual. For everyday wear plan on clothing that is comfortable, that can be easily layered, and that you can play the harp in. All accommodations are air-conditioned and the evenings at Smithgall can be cool, so bring a jacket or sweater. If you intend to really hike, bring hiking shoes. The mountain terrain can be rough and slippery, depending on where you go. For daily walks around the Smithgall grounds athletic shoes will suffice. On Saturday evening we dress in concert black with colorful accents. Bring your preferred semi-formal performance ensemble.

Miscellaneous items

There is a fabulously quirky country market in Helen and visiting the market is a treat. At the same time if you can bring most of what you need from home you'll save some money! Be prepared with:

- Insect Repellent
- Sunscreen
- A camera

- A bright flashlight (there are flashlights provided in each room, but they do not have the bright white Halogen bulbs, so if you are more comfortable with a bright white light, plan on packing your own flashlight)
- Laundry detergent packets
- Any and all medications
- A yoga mat
- Yoga clothing
- An umbrella

Smithgall Woods provides water, iced and/or hot tea, coffee, soft drinks (coke products) and salty and sweet snacks in every lodge and cottage. You may want to bring some cash or checks along to have on hand for additional purchases such as extra private lessons, massages, a tip for staff, or music you may want to purchase during the Atlanta Harp Center traveling store display.

At Smithgall we have learned to bring our own wine and share with each other. Wine is not included and Smithgall charges quite hefty fees if we use their wine supply. If you would like to bring a few bottles of wine to drink and share, please feel free to do so. If you would like to contribute please let Mary Ann know. We would be happy to have your contributions.